

# The Book of Soul Song Lyrics



The ancient soul's songs reflect the themes of Twin-Books, purposely bring positive results; singing contest with harmonious music among families, schools, streets, and so on; as self-reminder, self-entertainer; and most significantly raising human consciousness, mindfulness, moral and ethical conduct; and self-examine worth of living with spiritual values and virtues.

## The Higher Purpose of Twin-Books:

Book one: **"Connect with the Universe"** represents self-education as a self-educator.

Book Two: **"Healing Whole"** represents self-healing all aspects of life as a self-healer.

## **Project Healing Whole for Humanity & Introduction of Music and Singing Contest**

**Ancient Thai wisdom: “Any person who does not have a music trait in their heart is generally a strange person in nature.”**

Music is a divine art creation, a universal language that synchronizes the cosmic symphony through the sounds of nature; such as birds chirping, rustling bamboo, the rhythm of rain, cascading waterfalls, croaking frogs, and the soft voices of humans. These sounds enlighten the human soul and aid in its evolution. The calming sounds of nature vibrate with a powerful healing energy for positive impacts all aspects of human health. This includes the musical frequency of God, 963-Connect with the Universe, 639 -Heal relationships, 396-Remove guilt & fear, and many others harmonious frequencies.

The sounds of divine nature have inspired music instruments, classical music, and symphonies. The natural music instruments: flutes, xylophones, violins, pianos, drums, Trumpets, etc. The most natural musical instrument is the human voice. It can produce soft rhythms like simple melodies of lullabies, Hm...Hm...Hm, La-La-La, and the most powerful vibrations are prayers and sacred chanting. These neural feelings bring about balanced calmness, inner happiness, peace, love, joy and deep healing.

Harmonious music is God’s gift to all listeners, tuning them into alignment with the frequency of divine art creation. It resonates in the hearts and souls of humans and all beings, promoting healthy and vital growth of animals, plants, and penetrating in all beings. Harmonious music and vocal harmonies can transform a human’s downward spiral of emotions, such as worry, fear, grief, depression, anger, pessimism--into neutral and uplifting feelings. The energy healing process begins with an upward spiral of vibrational frequencies, leading to contentment, hopefulness, empowerment, optimism, a positive attitude, appreciation, peace, love, joy, and unity consciousness. This is because we are vibrating energetically at higher frequencies. Avoid 440 Hz music, which is disharmony in health effect.

A harmonious music concert brings people together as one consciousness. It activates DNA, awakens good spirit, and evolves soul consciousness. Music also helps releasing emotions, promotes relaxation and heals painful past experiences; broken hearts, and mental health issues.

### **The Purpose and Qualification of Contesters:**

1. Promote super talent show that raise humans’ higher consciousness for making a better world.
2. God’s Code: Single or group: male, female, boy, and girl, and all age and nationality.
3. Choose a song from the book that resonates with you the most and sing from your soul. A vocalist’s instruments should create harmonious music and vocal harmony.
4. More impressive auditions in music: a good performance, show the talents, vocal, music, melody, harmonious instruments of musicians, singers, dancers, or actors, and overall teamwork.
5. Contestants should be dressed appropriately, creative stage movement styles with the song props during performance. Including have basic virtues, be respectful, good manner, and authenticity.
6. Benefits: **Uphold a “Stardom of a New Golden Age.”** Support audiences and listeners to release aggressive ego minds, relaxation, peace, love, joy in harmonious unity of one consciousness. Deep healing to each soul of all beings around the world.

**Together, we vibrate high energetic frequencies of joyful unity consciousness.**

## **The Ancient Soul's Songs Lyrics**

- 1. The Great America Republic**
- 2. Inner Transformation**
- 3. Don't Want to Leave You Behind, My Darling**
- 4. Wake Up to Rise**
- 5. Do You Know? (Basic Virtues, Perfect Virtues, Five Rules of Life)**
- 6. True Nature of Mind**
- 7. You Are What You Think**
- 8. Lotus Light**
- 9. Karma (Cause & Effect)**
- 10. Thailand's Civilized Dhamma**

**\*The Great America Republic\***

Hm...hm... hm... hm... hm... hm...hm... hm... hm... hm... hm...hm...

**Don't cry for me ...America..... Please smile with me ...America....**

**I just want to hear ... your uplifting words..., inspiring..., encouraging...,  
Empowering the optimistic speeches!**

**Don't cry for me ..... America Please smile with me ..... America....**

**I stay strong ...and stand up... with your Liberty...for my Freedom  
After the Storm, there's a Rainbow.**

**Pray to Holy Spirit and Founding Fathers Bless the Great America!!!**

**My home sweet home.... A me..ri..ca...I'm so grateful..... and loyal.**

Hm hm....hm... hm... hm... hm... hm...hm... hm... hm ...hm hm hm.

**\*\*\*Repeat.\*\*\***

## **\*Inner Transformation\***



**Don't hold your breaths too long! Don't hold your breaths too long!**

**Don't hold your breaths too long!**

**Jump out in the air, let's get fresh air, like a dolphin's flying high vibe.  
Dive down too long and too deep, it's divine timing to leave the dark force.  
The enormity of change begins healing within your Spirit of Life Force.**

**Walk along the beach... walk in the woods to reboot your Vital Life Force.  
Pause all thoughts, rest your mind while being in a spiritual energy moment.  
Transcend happiness from within for healing wholeness, and well-being**

**Don't hold your breaths too long! (3 times)**

**Jump out in the air, let's get fresh air, like a dolphin's flying high vibe.  
Let go of those fears. Let go of stress. Let go of hatred. Let go of outrage.  
Let go of negative mindsets. Let go of the past and pain.  
Train your brain and mind in the moment of now.**

**Take slow- long- deep breaths to magnetize Sacred Cosmic Energy.  
Meditate to vibrate body's subtle energies in higher frequency.  
Recharge the battery of your electric body, honoring the auric light of higher-self.**

**Don't hold your breaths too long! (3 times)**

**Jump out in the air, let's get fresh air, like a dolphin's flying high vibration.  
Keep vibrating high energetic frequencies of light, love, peace, joy, freedom,  
and unity consciousness**

**\* Don't want to Leave you Behind, my Darling\***

I don't want to leave you behind....my darling.  
So, I sing this song through the wind awakens you.

You don't hear .... what I try... to tell you...  
You ignore ...what I try... to show you...  
You refuse to know what's the truth or falsehood.

You should feel my love, as I care for you ...always.  
I don't want to leave you behind ....my darling.

\*You are so wise ...but ego is too high to expand your mind.  
If you just listened to what I try ...to tell you.  
If you just paid attention to what I try... to show you.

We could have transformed illusion-delusion into higher Consciousness.  
We would have raised the powerful vibrational togetherness.  
Activate the Brilliant Light of Truth that would have set all of us free sooner.

All relationships should align in harmonious unity with the Cosmic Order.  
You should feel my love, as I care for you... always.  
I don't want to leave you behind, my darling!

\*I don't want to leave you behind, my darling!

**(Repeat...Slow and Soften voices for 3 times)**

## **\*Wake Up to Rise\***

**We, the People .... Wake up.....Wake up.....Wake up**

**Rise up-above 3-D; illusion, delusion to the 5<sup>th</sup>. Dimension and beyond...**

**Wake up and rise above the matrix hypnosis, chaotic intensity of insanity.**

**Free our Minds from craziness that spins our Heads, threatens our Hearts.**

**Bombards our Brains confusing exhaustion, descending into lower vibrations.**

**We, the People wake up and shake up.**

**Shift our bio-plasma energies in harmonious frequencies.**

**Contemplate and meditate for mental calmness and insightfulness.**

**We regain our Consciousness to activate our pineal glands.**

**Intuitive Knowing... we are on the Path of Righteousness.**

**We, the People, Think Positively-Think Logically-Think Clearly &Think Freely.**

**We are Conscious Awareness and Mindfulness. Uphold moral and ethical codes in our soul contracts. Speak honestly of all Time. Act upon righteousness of the Eightfold Path. Living moderation in everything.**

**\*\*\*We are the Great Awakening, ascending to the Golden Age, where's fulfilling our happiness, abundance, prosperity, peace, love, joy in harmony.**

**We are the Great Awakening, connecting to the Universe, aligning with the Cosmic Light-Cosmic Love as we are one Consciousness. \*\*\***

**\*\*\*Repeat 3 times\*\*\***

## **\*Do You Know? \***

**Teachers:** Do you know Basic Virtues? Do you know Basic Virtues? Do you know Basic Virtues?

**Kids:** Boys Yes, I do. I know Basic Virtues. Girls: Yes, I do. I know Basic Virtues:

Yes, we do. We know Basic Virtues: Honesty, Integrity, dignity and humbleness

**Teachers:** What's Honesty that you know?

**Kids:** Honesty is the quality of being truthfulness and sincerity. Be aware of our thoughts, words spoken, and actions of righteousness. We refuse to lie, cheat, steal and deceive to pull us down lower vibration.

**Teachers:** Remember, don't argue with a liar, walk away. When lie to others, one lies to oneself. Learn to pray and meditate to honor your Spirit and Soul Consciousness.

**Teachers:** What's Integrity that you know?

**Kids:** Integrity is the quality of trustworthiness.

**Teachers:** Uphold moral & ethical conduct. We refuse to betray our soul contracts. Integrity raises energy in higher frequency.

**Teachers:** What's Dignity that you know?

**Kids:** Dignity is the quality of being worthy of respectful esteem.

**Teachers:** Treat others with friendliness, and in the way we want to be treated. Honor elders' spirits. We refuse to bully or insult or hurt others.

**Teachers:** If others bullied or insulted you, what would you do?

**Kids:** just walk away silently. Recite "they are what they think."

**Teachers:** What's Humbleness that you know?

**Kids:** Humbleness is the quality of being modest and selfless service for humanity. We show and express our humbleness: Thank you. Appreciation. Gratitude. Loyalty.

**Teachers:** Wow.... you all noble kids impressed me so much with all basic virtues. More next test!!! Do you know Perfect Virtues? Do you know Perfect Virtues? Do you know Perfect Virtues?

**Kids:** Yes, I do. I know Perfect Virtues. Yes, I do. I know Perfect Virtues.

Yes, we do. We know Perfect Virtues. We practice them daily.

**Teachers:** What's Metta? Kids: Be friendliness, empathy and sympathy.



**Teachers:** What's Karuna?      **Kids:** Have mercy, compassion to all beings.

**Teachers:** What's Mudita?      **Kids:** Have delightful feeling with others' goodness. No jealousy.

**Teachers:** What's Upekkha?      **Kids:** mental-emotional calmness & mindfulness.

**Teachers:** Excellent kids know both basic and perfect Virtues. Noble children are in higher vibrational frequency of Light and Love. You all are enlightened!!!

**Teachers:** The Last Test: Do you know "Five Rules of Life"? Do you know "Five Rules of Life"? Do you know "Five Rules of Life"? If you know, what's your first rule of life?

**Kids:** yes, I know Five Rules of Life: Self-responsibility. Organize things in order and set my goal.

**Teachers:** Do you know what's your goal?

**Kids:** Yes, I do household chore and school. We also do what we love & do best.

**Teachers:** What's your second rule?

**Kids:** I do it. Follow through each goal.

**Teachers:** That's right, you take action. What is number 3 rule?

**Kids:** No procrastination. Do not give up. Do not give in.

**Teachers:** Make efforts with 3-Ps: Perseverance. Patience. Persistence.

**Kids:** What happens if I can't do the # 4 rule?

**Teachers:** Remember every problem always has a solution. Many ways we can solve problems. What's # 5 rule?

**Kids:** Rule # 5, yes, yes, yes, I did it. Accomplished my goal. I love this rule when get things done as self-reward.      Hooley!!!      Hooley!!!      Hooley!!!

**Teachers:** Wow, I am so proud of these excellent kids. Keep up your good work as your good habit. Your future will be beautiful journey through enlightened destiny. You will be a mastery and a good leadership.

**Kids:** Thank you sir. Thank you, Ma'am. Back to the classes: reading, writing, arithmetic.

**Teachers/Kids** hold hands and walk/jump in a circle 3 rounds and sing:

La- La -La -La -La- La- La -La -La -La -La- La -La- La -La -La- La -La- La -La -La -La -La

## **\*True Nature of Mind\***

**Group: Self-examining; how's mental energy flowing in our brain and mind? Is the mind a beautiful servant or a dangerous master mind?**

**Is the mind running like a rat; worrying, fearful, hatred, blaming, panicking, anxiety?**

**Is the mind running like a monkey; chasing desire, being easily distracted, barely stillness?**

**Is the mind running like an alligator; greed, grasps, grips all things, no consideration?**

**Is the mind running like a wild horse; fast run through the clouds of dust, no direction?**

**Is the mind running like a sheep, go with the flock being told to trap in falsehood?**

**Is the mind running like a hyena; a cunning killer, predator, carnivore, scavenger, take anything?**

**Single Soft Voice: *Watch out! Watch out! Watch out! Animal minds! Examine own mind!***

**Group: A conscious awareness mind would rather walk alone than with a wrong crown in a wrong direction. Uphold virtues & spiritual values. Stop blaming. Stop bullying. Stop criticism. Stop sinning. No left-no right, we reunite in the centered balance. Purify our minds to elevate our sacred soul energies. The mind acts like a mirror of the brain.**

**Single singing: When my mind flows, I would know to look into the mind.**

**Lost in thought, I would watch where it goes.**

**When my mind is distracted, I would catch that is it.**

**When my mind is absent, I would pull it back in the moment; here and now!!!**

**When my mind is clouded-fog, I would walk in the Nature.**

**Meditate until my mind stillness and clarity through the end.**

**And then, I would know my true mind.**

**Group: Tame our mind firmly stillness like a mountain;**

**Stay calm, cool, serene, peaceful, and full strength! (3 Times)**

\*\*\*

## **\*You Are What You Think\***

**You are what you think, what you think you shall become.**

**They are what they think, what they think they shall become.**

**We are what we think, what we think we shall become.**

**What we think positive or negative, it becomes our good habit or bad habit.**

**What our speech's positive or negative, it becomes our good attitude or bad attitude.**

**What our act positive or negative, it becomes our good or bad behavior.**

**What our intention of mindset, it becomes our karmic circle on destined journey.**

**Practice our positive mindset to raise higher energy, vibration and frequency.**

**Righteous thoughts, speak and act, we energetic ascend higher Consciousness.**

**We are in a balanced Ying-Yang energies and polarity of push and pull.**

**Be at the moment of mindfulness, we manage our emotions in the righteous way.**

**Uphold compassion, sympathy, empathy to transform cruelty, brutality, viciousness.**

**Uphold friendliness, unconditional love to transform bitterness, hatred, animosity.**

**Uphold generosity, acting of kindness to transform greed, selfish, stingy, hoarding.**

**Uphold empathic- joy; delight with others 'goodness to transform jealousy, evil eye.**

**Uphold mental calmness; cool, peace to transform disorder, crises, chaos, violence.**

**Uphold balance, harmony, unity, humanity to transform evil act, divide, inhumane.**

**Uphold Dhamma/Spirituality/Bible to transform ignorance, delusion, illusion, egoism.**

**You are what you think, what you think you shall become.**

**They are what they think, what they think they shall become.**

**We are what we think, what we think we shall become.!!!**

## **\*Lotus Light\***

**Humans are reborn to the Earth School for reasons.**

**We came to relearn life lessons that we had failed before.**

**No one is perfect and none escapes the Cosmic Law and Order.**

**Practice inner work daily for nearly perfect with positive energy.**

**We all earn the same equality of abundant resources and opportunities.**

**Equity is fair and balanced upon the Supreme Cosmic Justice Law**

**Tame our mind positively in higher frequency of the Cosmic Love;**

**Well-observe the Cosmic Light shines within us always.**

**Be like a Lotus fighting from being stuck in the mud,**

**Surrounded swamp's creatures searching for food.**

**Take a quantum leap of faith and courage; the survived-thrived lotus shoots above the murk.**

**Lotus's victory smiley bloom above the water in full sunlight, known as the "Lotus Light."**

**Practice self-control to resist addictions and temptation. Free from mentally clever simulation. Liberate delusion and ignorance. Surrender self-ego to the Light of Truth.**

**Allow mental energy to flow evenly in equanimity as balanced calmness.**

**The Lotus Light's glowing, ceasing suffering, ascending to the 5th. Dimension toward Enlightenment.**

**Free our mind like a Lotus Light.**

**Free our mind like a Lotus Light.**

**Free our mind like a Lotus Light.**

## **\*Karma\* (Cause & Effect)**

Everything has a boomerang effect; action and reaction, what goes around, comes around. Our thoughts, words spoken, and actions have consequences. Souls never die. The wheel of karma grinds slowly, but is surly very fine.

Nothing is permanent; always changing a condition.

Everyone, regardless of who, how, when, we're in a circle of birth and death.

Don't be obsessed with egoistic desires in the delusional world.

The prestige, powerful dignity-controller, murderer is never everlasting.

Crooked mindsets do evils, commit high crimes against humanity.

Immorality betrays the ethical oaths of soul contracts.

The dangerous masterminds are drowning, lost in the power of fires.

When our bodies decay, what do we take with us anyway?

The flames reduce one remains to ash and dust; such good-bad-evil examples left behind.

The unchanged data in the Akashic Record for Karma Law decides one's fate.

Birth, illness, aging and death are just flashing as nightmarish dreams.

While living in a crumbling world, we fold our hands to pray & meditate for mind stillness.

Self-experiment from Sacred Practicality of Dhamma/Spirituality/Bible Teachings.

Keep making merit and self-disciplining to earn positive karma.

Our minds have chosen ourselves where to go, though no one knows---

In higher dimensional realms of heaven, or lower dimensional realms of hell.

Human mindsets definitely decide their own unknown destinies.

May All Beings always live happily, and free from animosity!

May all share many blessings, sprinkling from the higher good (we) I have done.!!!!!!

## \*Thailand's Civilized Dhamma\*

Hm...hm... hm... hm... hm... hm...hm... hm... hm... hm... hm...hm...

ด้วยความภักดี... ฉันรัก ไทแลนด์ ดินแดนศิวิไลซ์ แห่งธรรมทาน  
เมื่อฉันเกิดมา ได้ถูกปลูกฝัง ศีลธรรมจรรยา ในจิตวิญญาณ

แต่จำจากไป สู่อณาจักรแดนไกล

ฉันได้เรียนรู้ ทั้งวิชา และ อริวิชา แจ่มแจ้งแทงใจ

ทุกหน ทุกแห่ง มีทั้งชั่ว และ ดี ปะปนกันไป

เพิ่มพลังทดสอบใจ ให้ฉันแข็งแกร่ง อดทนฝ่าฟัน เพื่อยุติธรรม

โบราณกล่าวว่า สวรรค์มีตา ช่างแท้จริงหนา

ด้วยสติปัญญา ฝึกใจตนเอง เร่งสะสมความดี

Hm...hm... hm... hm... hm... hm...hm... hm... hm... hm... hm...hm...

Loyally, I love Thailand, the Civilized Land of Dhamma.

When I was born, morality and ethics were instilled in my soul.

But the destined journey led me to a distant kingdom.

I've clearly learned inner knowledge; intelligence and ignorance with a delightful heart.

Everywhere in the world has good, bad, and evil mixed together.

Empower a positive mind to increase my strength, endurance, and perseverance for fair justice.

The ancient wisdom says; heaven has eyes, and that's so true with higher senses.

Gain inner wisdom to tame my mind with sacred intention

I accelerate the accumulative merit of good karma for karmic blessing.

*Ancient Soul*